

Learning Styles Inventory

Assignment: Place a check mark in front of each statement that describes you. Then total the number of check marks for each group.

Group 1

- I like to read when I have free time.
- I remember what I read better than I remember what I hear.
- I can “see” words in my mind when I need to spell them.
- I picture what I read.
- I can remember something by “seeing” it in my mind.
- I remember people’s faces better than I remember their names.

- Total number of check marks in Group 1

Group 2

- I remember more when I listen to the news on TV than when I read about it.
- I usually remember what I hear.
- I learn better by having someone explain something to me than by reading about it.
- I remember things best when I say them out loud.
- I talk to myself when I try to solve problems.
- I communicate better on the telephone than I do in writing.
- I understand material best when I read it out loud.

- Total number of check marks in Group 2

Group 3

- I like to make things with my hands.
- I learn best by handling objects.
- I find it hard to sit still when I study.
- I pace and move around a lot when I am trying to think through a problem.
- I take notes when I read to better understand the material.
- I like to recopy my lecture notes to better understand the material.
- I communicate better when I write than when I speak.

- Total number of check marks for Group 3

Analyzing the Results

The section where you made the most check marks is likely to be your preferred learning style.

Group 1: Visual

Group 2: Auditory

Group 3: Kinesthetic/Tactile